



# A Ciao Girl

IN ITALY

Chowgirls was the first “green” caterer in Minnesota and has been leading the way in sustainable events ever since.

As we have grown over the past 14 years from a small organization of just two women to having more than 120 employees and serving nearly 100,000 guests per year, so has our commitment to sustainability as we realize the significant impact of our work.

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Chowgirls is excited to have grown our roots from Minneapolis to Italy and beyond via our Ciao Girl, Annie Pennings Guenther, who represented us at

Terra Madre Salone del Gusto in September.

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## TERRA MADRE

Terra Madre Salone del Gusto is an international gastronomy exhibition that takes place every two years in Turin, Italy, bringing together food producers from across the world. The event is composed of conferences, forums, workshops, tastings and cooking lessons.



This incredible exhibition is organized by Slow Food International, a global, grassroots organization, founded by Italy’s Carlo Patrini to prevent the disappearance of local food cultures and traditions, and to counteract the rise of fast life.

It also aims to combat people’s dwindling interest in the food they eat, where it comes from, and how our food choices affect the world around us. The movement has evolved to embrace a comprehensive approach to food that recognizes the strong connections between plate, planet, and people.



Annie had the incredible opportunity to attend meetings between national and regional delegates about the future of food sustainability. People from the 150 participating countries came together to share their food stories and discuss concerns for our food’s future.



We're excited to share Annie's learnings and how Chowgirls is implementing important methods to embrace the slow food approach!

[EXPLORE TRIP PHOTOS](#)

Follow Annie here to learn more about her adventures in slow food.

[@plate.place.planet](#)

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